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# Mountain Bike America: Ohio: An Atlas Of Ohio's Greatest Off-Road Bicycle Rides (Mountain Bike America Guides)



## Synopsis

From the vast flatness of the Northwest to the foothills of the Appalachians in the Southeast, and from scenic overlooks of the Ohio River in the Southwest to vistas of Lake Erie in the Northeast, Ohio offers much for your eyes to behold. These visions are most appreciated and remembered as you whip across smooth singletrack, surge down steep valley walls, and crank up never-ending hills that comprise the mountain biking terrain in the Buckeye State. Let Adam Vincent, an Ohio native and seasoned cyclist, take you on off-road tours that you will not likely forget. From this book you can expect exhaustive and comprehensive trail descriptions, from beginner to advanced, GPS-quality, digitally designed relief maps detailing each ride and accurate route profiles showing the ups and downs of each ride. In addition detailed directions get you to the ride without getting you lost. Detailed mile-by-mile directional cues are also provided with difficulty ratings, elevation gain, trail contacts, and much more.

## Book Information

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## Customer Reviews

From the vast flatness of the Northwest to the foothills of the Appalachians in the Southeast, and from scenic overlooks of the Ohio River in the Southwest to vistas of Lake Erie in the Northeast, Ohio offers much for your eyes to behold. These visions are most appreciated and remembered as you whip across smooth singletrack, surge down steep valley walls, and crank up never-ending hills that comprise the mountain biking terrain in the Buckeye State. Let Adam Vincent, an Ohio native

and seasoned cyclist, take you on off-road tours that you will not likely forget. From this book you can expect exhaustive and comprehensive trail descriptions, from beginner to advanced, GPS-quality, digitally designed relief maps detailing each ride and accurate route profiles showing the ups and downs of each ride. In addition detailed directions get you to the ride without getting you lost. Detailed mile-by-mile directional cues are also provided with difficulty ratings, elevation gain, trail contacts, and much more. (5 1/2 x 8 1/2, 256 pages, b&w photos, maps)

A useful book for the first timer to mountain biking in Ohio. Ohio sensibly divided into regions. Each region forms a chapters so routes which are close together geographically are also close together in the book. The edition (2000) we bought (second hand) is a bit dated, some of the routes have changed or been extended and new routes not in the book have been built. Having said this the book gives a good indication of where mountain bike routes can be found in Ohio and having identified these locations more up to date information can be obtained by researching the locations else where i.e. on the internet. On some of the routes in the book the sketch maps and list of instructions were all we required to complete the route but on other routes a good local map was essential.

Finally someone has done a through guide book of ohio. The information in this book could be a little more up to date, but that is a little hard to due with trail expansions and closures. I'm extremely happy to see the book because I met the author while riding at mickeys mountain, in norteast ohio, with two friends. Although the author put some of the pictures with different trails . I'm on page 137, in the front. Needless to say I was stoked to see my photo in print.

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